

ABSTRACT OF THE DISCLOSURE

There is provided an optical reproduction apparatus and an optical recording and reproduction apparatus which can improve a CNR and can read at high speed. The center portion of a laser light emitted from a semiconductor laser is shaded by a light shading portion of a first light shade, and its peripheral portion is condensed and irradiates a super-resolution film of an optical disk. The center portion of a reflected light from the optical disk is mainly made of a signal component, and a noise component almost disappears. Thus, the reflected light from the optical disk is separated into the center portion and its peripheral portion, and the reflected light made of the signal component of the center portion is used for signal reproduction, so that the CNR can be increased.